#PirateGRIT P.B.I.S. AT HOME

Behavior	Morning Routine	Chore Time	Homework Time	Bed Time	Meal Time	Relax Time
Growth	Having a positive attitude to start the day	Doing chores better than before	Study or read even if nothing is assigned	Plan ahead- early morning = early bed time	Try something new to eat, work on a balanced healthy diet	Watch inspirational videos on being better
Respect/Responsible	Brushing your teeth and hair in the morning	Finishing your chores on time	Keeping track of your assignments Not bothering siblings when they have homework too	Knowing when bed time is Being quiet when others have already gone to bed Putting on pajamas and brushing teeth	Listening to others Clearing your plate when you are finished eating	Use your earbuds with your phone Be positive/ appropriate with comments or pictures on social media
Integrity	Have your clothes and backpack ready to go	Knowing when you need to do your chores/ doing them	Remembering to bring your homework home Doing your own work	Being in bed on time & put phone away for the night	Washing your hands before each meal	Doing your chores and homework before relaxing
Tenacity	Work to be ready early	Cleaning up after yourself	Doing as much of your homework as you can without asking for help	Keep your phone off and silenced at night	Talk about your day more than it was "fine"	Be the positive change with your friends